Worried?
Unprotected sex?
Condom broke?
Missed pills?
Raped?

EMERGENCY CONTRACEPTIVE PILLS
PROVIDE YOU A SAFE AND EFFECTIVE WAY TO PREVENT UNPLANNED PREGNANCY

International Consortium for Emergency Contraception
msh
Society for Family Health
WHAT ARE EMERGENCY CONTRACEPTIVE PILLS (ECPS)?
Emergency contraceptive Pills are modern contraceptive methods that can be taken after unprotected sex to prevent unplanned pregnancy. They are similar to regular birth control pills and most effective when taken sooner after unprotected sex but not later than 5 days. There is no need for a medical examination, laboratory test or pregnancy test before taking ECPs.

WHY EMERGENCY CONTRACEPTIVE PILLS (ECPS)?
ECPs are a back-up contraceptive method used to prevent unplanned pregnancy when:
- Condom breaks
- Pills are missed
- Method failed or is not used at all
- In cases of rape or sexual abuse

SAFETY
ECPs are safe for women and girls of all ages who want to prevent unplanned pregnancy after unprotected sex.
ECPs are well-tolerated, with no known allergen, it leaves the body quickly, it is not addictive and has demonstrated no toxic reactions.
ECPs will not cause abortion if taken when pregnancy has occurred.
ECPs pose no risk of overdose and there are no major drug interactions or known contraindications.
ECPs do not affect future fertility - they do not affect a woman’s future chances of getting pregnant and are not associated with risk of cancer.

EFFECTIVENESS
ECPs are most effective when used sooner after unprotected sex to prevent pregnancy but not later than 5 days after sex act.

REPEATED ECP USE
ECPs can be used as many times as needed. There is no need to take more than once within 24 hours if multiple acts of unprotected sex occur. Repeat use of ECPs is perfectly safe, but ECPs are not recommended as a regular, routine contraceptive method because there are contraceptive methods more effective and available for routine use.

Get an Emergency Contraceptive Pill (ECP) from a Health Facility, a Pharmacy or a Registered Patent Medicine Store to use within 3 days after unprotected sex to prevent unplanned Pregnancy.